

PSHE, RE and SRE



PSHE makes a unique and substantial contribution towards the aims and ethos of Greenacre Academy in its core belief that the personal development of young people is essential to their health and wellbeing, safety and achievements as individuals within society. In addition to this we believe that each individual has the right to respect, to feel safe, secure and to learn without disruption which all teachers within the department enforce within their lessons.

Here at Greenacre Academy we also adhere to the new 2020 Government guidelines in regards to sex and relationship education within our PSHE sessions. These lessons are given discrete time within the school timetable, students at Key Stage Three are given one hour sessions of Personal Development learning per week. PSHE teachers generally deliver the PSHE Curriculum, however where possible they are supported from professionals. SRE lessons are set within the wider context of the PSHE curriculum and focus more on the emotional aspects of development and relationships, although the physical aspects of puberty and reproduction are also included. Any SRE lesson may consider questions or issues that some students will find sensitive. Before embarking on these lessons ground rules are established which prohibit inappropriate personal information being requested or disclosed by those taking part in the lesson.

Throughout their time here at Greenacre students will cover the following:

- The knowledge, skills and attitudes to make healthy choices and manage risk;
- The ability to form and manage supportive and stable relationships;
- The capacity to develop awareness of themselves as learners and managers of change;
- The capacity to recognise and celebrate diversity and difference;
- The opportunity to participate actively and responsibly in their schools and their communities;
- The understanding of how society works and the rights and responsibilities of being a citizen;
- The ability to anticipate the demands and challenges of adult life, including the world of work and leisure opportunities;
- The opportunity to demonstrate their creativity, enterprise and economic well-being.
- The importance of a healthy, active lifestyle
- The potential dangers of substance abuse and misuse
- The importance of first aid and basic training
- The ability to recognise poor mental health both in themselves and others, the tools in which to help support with these issues and the knowledge of where to go for help.

In order to support each child's personal development with additional, age-appropriate, information and experience, the school runs a series of focus days at KS4 and KS5 which will support a focused aspect of personal development for a

target year group. Spiritual, social, moral and cultural assemblies run throughout the year and also outside workshops revolving around current world issues are ongoing.

RE is also delivered via Personal Development and Skills for Life lessons, assemblies and form time.