

# LESSON PLAN: TRI GOLF: YEAR 4: WEEK 4

**LESSON OBJECTIVE:** To explore how to use the chipper to cover long distances.

## WARM UP (10 MINS)

In a very large area ask pupils to work in pairs, one with a chipper who has to hit the ball into space. The second partner has to then run and collect the ball and return it to the hitter. 5 go's each and then swap over. Focus on hitting into space and getting elevation on the ball.

## MAIN LESSON (20 MINS)

Talk to pupils about the angle of the club face when it strikes the ball, if the angle is bigger it will hit the ball higher in the air but over a shorter distance. If they club face has a smaller angle it will hit the ball lower but over a further distance. Allow pupils to go and experiment with this in pairs taking it in turns.

**Develop:** Get pupils to strike the ball closer to their front foot to gain a greater angle e.g. higher elevation and shorter distance.

**Develop:** Get pupils to strike the ball closer to the middle of the body to gain a smaller angle e.g. lower elevation and longer distance.

## GAME/COMPETITION (15 MINS)

In the same pairs, mark out a target either short or long distance with trees in various areas. Pupils decide together which angle should be used and must try and land the ball on the target. Award points: 20 points for a hit and 10 points for good angle selection, for example if there are trees they should try to hit the ball higher over them.

## EQUIPMENT

- Chippers
- Balls
- Cones
- Flags

## KEYWORDS

- Angle
- Target
- Accuracy
- Power
- Elevation

## DIFFERENTIATION

### LESS ABLE

- Allow to carry on using over arm throw instead of the chipper.
- Don't have trees on the course.

### MORE ABLE

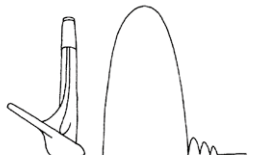
- Move tee to different angles.
- Create a larger range of distances between targets.



Striking ball closer to back foot.



Striking the ball in the centre of the body.



Striking the ball closer to the front foot.

# ASSESSMENT FOR LEARNING

CRITERIA		SKILLS
Fundamental Skills & Movement	6	Can they perform chipping showing change in the angle of the club?
	5	Can they perform chipping showing a certain degree of control and accuracy?
	4	Can they perform chipping with elevation?
Tactics, Rules & Teamwork	6	Works with their partner & demonstrates knowledge & understanding of how to use angles with the chipper.
	5	Can work with a partner & understands how the angles of the club work.
	4	Starts communicating with a partner about chipping.
Show & Link	6	Can they link: a perfect swing when chipping using distances and heights?
	5	Can they show and link: some of skills required to perform chipping?
	4	Show they can chip the ball.
Describe Ways to Improve	6	Are able to describe and improve performance.
	5	Are able to describe performance.
	4	Are able to see differences in performance against a simple model.
Fitness & Health	6	Shows a solid understanding of why physical activity has health benefits.
	5	Has some knowledge of why physical activity has health benefits.
	4	Has little knowledge of why physical activity has health benefits.