



# Bronze Duke of Edinburgh's Award



2024 Information Pack

#### **Bronze Duke of Edinburgh's Award Programme**

We are delighted to offer all Year 9 and 10 students the opportunity to enrol on the largest youth award programme in the world.

The cost for the award is £55.

The above cost includes the enrolment fee with D of E, kit such as tents, rucksacs, stoves, maps and compasses and all training, practice and qualifying expeditions.

The only additional costs will be personal clothing, sleeping bag and food for each of the expedition days.

There is also the option to pay in 4 installments: £25 payable by Mon 27<sup>th</sup> November 2023 – needed for the registration fee with D of E £10 payable by Mon 27<sup>th</sup> January 2024 £10 payable by Mon 26<sup>th</sup> February 2024

£10 payable by Mon 25th March 2024

It may also be possible for Medway Dof E can also fund up to £24 for places. If these places are approved you will receive a refund

Students will not be excluded on the basis of financial hardship from this award and there are usually ways of borrowing equipment or reducing the cost substantially for some students. Please let Mrs Chapman know if you are wishing to take part, yet are suffering financial hardship

#### **The Award**

The Duke of Edinburgh's Award Scheme awards young people for their commitment in volunteering their time to help others in the community; to learn or develop a life skill and keeping fit by engaging in a physical activity. The award is completed by successfully undertaking an assessed two-day camping expedition. This expedition is preceded by relevant training and a two-day practice camping expedition.

#### The Award in brief – Bronze: Year 9/10.

Volunteering	Physical	Skills	Expedition		
1 hour/ week For 3 months*	1 hour/ week For 3 months*	1 hour/ week For 3 months*	Plan, train for and complete a 2 day & 1 night Practice and Qualifying Expedition		
*All participants must undertake a further 3 months in the volunteering, physical or skills section.					

#### **Understanding the Time Requirement**

It is important to understand the time requirement for the section activities. Three or six months must be undertaken at a minimum of 1 hour per week. If attendance for a week, or more, is missed due to holiday or because the activity is seasonal, then additional weeks must be added. Six months would therefore be 26 attendances of at least 1 hour a week over at least a six-month period.

We encourage participants to complete all three sectional activities by May 2024. Attending the qualifying expedition in June 2024 is conditional on having completed all two preferably three sectional activities.

Your child's involvement with the three activities (volunteering, skill and physical) can start once we have received their enrolment form.

# **Training and Support**

Training and support towards achieving the Award takes place usually once a week on **Wednesdays** at **3.00pm** at school and this will start after Christmas.

Participants will be required to attend every training session in order to proceed to the expedition section of the award. We will also monitor participant progress through the various sections using the Duke of Edinburgh Award online management system, eDofE.

After enrolment your child will receive a Bronze Participant Handbook, this contains a lot of additional information and helpful cards for sectional assessors to guide them with their assessing duties. Once an activity section is complete, either 3 or 6 months the participant will need to arrange for the assessor to complete the report card with details of the activity undertaken, this will need to be scanned and uploaded onto their personal eDofE account. Alternatively, an assessor can load a report online through the DofE website, this report will come to me for verifying. All an assessor needs to do this is your eDofE ID number (issued at enrolment).

# **Parental support**

I am sure you will wish to support your child with their on-going commitments. The sectional activities are participant led and a comprehensive list of valid activities is on the school website, I suggest you also look at <a href="www.dofe.org">www.dofe.org</a> for additional information about the award. We will be looking at activity examples during online training.

There are usually many clubs taking place around the school which satisfy the requirements of the activity sections, in fact it is usually possible to complete all sections of the award within school. A poster of school clubs and which section of the award they can be used for is on display on our noticeboard in the main corridor and in the sports hall classroom.

Participants will need your support with transport, vetting organisations or clubs, and general 'keep going' chats as they undertake their commitment over a long period of time.

# Progression of the Bronze Award Programme 2023/4

Nov '22 – Jul '23	ne	Nov	Jan	May	Jun	Awards Evening
Enrolment Start Sectional Activities	Activity reviews hand out award handbooks	Training starts	Expedition planning &practical training complete both 3m activities	Practice Expedition	Assessed Expedition  Complete 6m activity.	Bronze Awards Issued March 2024

# 2024 Provisional Calendar of expeditions

These are provisional dates as we are awaiting campsite confirmation

Friday 3<sup>rd</sup> – Saturday 4<sup>th</sup> May Practice expedition

Friday 14<sup>th</sup> – Sat 15<sup>th</sup> June Assessed expedition

# Enrolment Deadline - MONDAY 27th November 2023

We encourage students to enroll as soon as possible, then sectional activities can start immediately

#### **How to Enroll**

To enroll on the Bronze Award please remove and complete the back page of this pack. This is the enrolment form and permission form. A further contact details will be sent at a later date prior to the expeditions

Log into ParentPay and select Bronze 2023-4 to make the payment as directed.

Should you wish to discuss any aspect of the D of E Award further, please do not hesitate to contact me.

Yours sincerely,

JA Chapman

Mrs J Chapman

Duke of Edinburgh's Award Manager

El: chapj282@sflt.org.uk T: 01634 861596 Walderslade Girls' School Bradfields Avenue Chatham Kent ME5 OLE

#### **Expedition Kit List**

Maps, compasses, rucksacks, tents, stoves, fuel, hi visibility jackets are supplied by the school and are collected from school the Wednesday before your expedition. Some other personal equipment may be available to borrow. We also have 3 sleeping bags and some waterproof outerwear if needed.

Loaned equipment must be treated with due responsibility and damage through misuse or carelessness will be charged, as will non-return

Personal kit is checked by supervisors and assessors before every expedition, this is to make sure that all essential kit is being carried and non-essential kit is left behind.

Ideally on expedition you should have 2 sets of clothing, one set to walk in and one set to wear in camp and sleep in, this second set must be kept dry. Waterproof stuff sacks or black bin bags are ideal for this.

#### **Personal clothing**

- Strong soled walking boots or strong comfortable trainers
- Thick walking socks. One pair per day. (School/sport socks are not suitable and do not cushion the foot)
- 2 pairs walking trousers/tracksuit bottoms/leggings **no jeans**
- 2 shirts/T Shirts
- Warm jumper
- Fleece cotton hoodies are too heavy, particularly when wet and are difficult to dry
- Underwear
- Waterproof jacket, with hood essential that it is waterproof
- Waterproof over-trousers
- Clothes to sleep in (kept dry).

#### Personal kit -

- Rucksack \*\*
- 3 season sleeping bag + liner
- Sleeping mat\*\*
- Personal first aid items
- Watch
- Notebook and pen or pencil
- Torch, head torch is a good option and spare batteries
- Emergency rations in a sealed bag
- Packed lunches x 2
- Snacks and sweets, cereal bars etc.
- 1 litre Water bottle
- Knife, fork, spoon; plate, mug and bowl (unbreakable)
- Toiletry bag (Tooth paste, tooth brush, small hand towel/flannel, wet wipes)
- Woolly hat & gloves
- Sun hat / cream / sun glasses
- Shorts if appropriate

#### Group kit (to be divided amongst the group)

- Tent, cooking stove and fuel\*\*
- Small bottle of washing up liquid & scourer sponge
- Tea towel
- OS Map, compass & map case, high vis Jacket, permanent pens\*\*
- Plastic bags for rubbish
- Team food-main meals only
- Matches (in a small container to keep them dry).

#### \*\*Available to borrow from school

#### **Mobile Phones**

The use of mobile phones for social calling and texting is not allowed during the expedition including at the campsite. This is to encourage the sense of independence within the team. Phones must be switched off, placed in a water proof bag and kept in rucksacks with first aid kits and only used in an emergency or an important need to contact their supervisor.

On assessed expeditions venture projects requiring photography should be completed with a small digital camera rather than a phone camera. This will avoid the temptation to (just checking) use the phone.

There is a large selection of specialist kit available, if you have any questions about expedition equipment then please do not hesitate to speak to me, the most important single item will be your walking boots.

Buy your boots in plenty of time and go for some walks, although modern boots do not need 'breaking in' you should wear them in to reduce and even to avoid painful blisters. Wear boots with two pairs of good quality walking socks to reduce the likelihood of blisters.

Once you have your e dofe log in you will receive a discount card for use in Blacks, Milletts and Go Outdoors.

# **Further Expedition Information and Tips:**

#### **Important Health & Safety**

Participants should not wear head or ear phones whilst on expedition. Music is not allowed on camp so do not bring speakers. Mobile phones should not be used unless in an emergency to contact their supervisor. Glass jars are not allowed and tinned food is discouraged. Decant food from jars and tins into tupperware containers.

#### No Bare feet

It's very common for participants to kick their shoes off and sometimes walk around bare foot. **TOP TIP:** bring flip flops!

#### **Hot Weather**

All participants must bring a hat, small bottle of sun cream and a minimum 1 litre water bottle. The supervisors will have water containers for you to refill from during the day. The campsite has drinking water available in all the fields.







# Walderslade DofE Centre Directly Licenced Centre

Addres	of Birth:	Student Surname:Forename(s):					
	Date of Birth:Year & Tutor Group						
C+d	ss:						
Studen	t sflt email:	DoB					
Parent	:/Carer telephone n	umber					
Any Sp	pecial Medical Requ	uirements					
Doctor	r's Name & Telepho	ne Number:					
Any ot	her information reg	garding your child which may be of use:					
Fri 3 <sup>th</sup>	h – Sat 4 <sup>th</sup> May	lition Practice/Training and Assessed Ex Practice/Training Expedition	xpedition Hopehill				
Fri 14	l <sup>th</sup> – Sat 15 <sup>th</sup> June	Assessed Expedition	Bexon Lane, Bredgar				
	supervised by a D these dates: I give my permiss behalf, the admin	nature of the activities involved and sture of the activities involved and sture of E Supervisor and I give permission for sion to the Supervisor in charge of the guistration of an anaesthetic or for any ot ld the necessity arise.	my son/ daughter to attend roup to authorise, on my				
	 ny daughter	gh's Award Scheme and have paid £55.0					
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Please return this form directly to the PE office at Walderslade Girls'
School